

Commissioner of Education, Charlene M. Russell-Tucker, sent the following list of resources to all school districts in Connecticut. These websites may be helpful in having conversations with students, families, and staff regarding the recent conflict in the Middle East.

[How to Talk to Your Children About Conflict and War](#): This publication from UNICEF offers specific tips for families to support and comfort their children.

[Resilience in a time of war: Tips for parents and teachers of elementary school children](#): This article from the American Psychological Association can help adults effectively navigate these issues with young children.

[Resilience in a time of war: Tips for parents and teachers of middle school children](#): The American Psychological Association provides tips and strategies for parents and teachers of middle school -aged children.

[Resources Addressing Trauma, Violence, and Grief in the Aftermath of a Mass Shooting](#): While many of the resources in this document are specific to mass shootings, it includes many excellent resources to address trauma, crises, and other disasters.

As a reminder, adult and child [Mobile Crisis Intervention Services](#) can be accessed by school staff and families by dialing the United Way 2 -1 -1 Infoline. Additionally, the Department of Children and Families (DCF) has recently launched [Urgent Crisis Centers](#) in four locations around Connecticut that are available for families whose children may need additional behavioral health supports.